# PREM <br> Issue 3 | October 19, 2019 <br> MAGAZINE <br>  <br> MRTME 



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## BERNARD TOWERS - COAST SOCCER LEAGUE PRESIDENT

## PLAYER DEVELOPMENT IS KILLING SOCCER

The original premise of the US Academy model was to be for the MLS clubs only. Travel concerns allowed Kevin Payne (now US Club Soccer CEO) to propose that the number of clubs be expanded across the US to serve markets beyond the two Coasts and Texas. At the last minute one US Soccer participant added that they could raise $\$ 1.5$ million in sponsorship money if they added the word "development" to the proposed league.

Despite the fact that almost every US Soccer National team player of note (men and women) played multiple sports; US Soccer believes that the way to get better is simply to focus exclusively on soccer. Their belief seems to be that the earlier this is done to the exclusion of all else, the greater the chances of a homegrown Messi.

Despite the fact that almost every US National team player played various high school sports, US Soccer has seen fit to make high school soccer and indeed, all high school sports, verboten for the US DA players.

The mantra of "Development" has led to the governing bodies, the coaches and now the parents; all believing that their child needs to be on a "pathway" in order for soccer to be a value in their child's life.

The pathway is a con, pure and simple, to separate parents from their money and serve the goals and aspirations of the individuals making decisions at the USSF.

The "development pathway" that is being promoted is really not a pathway at all, but rather an obstacle course that appears to be hellbent on wringing out the last ounce of joy from the game.

US Soccer (USSF) sees itself as needing to win a Men's World Cup, or at the very least, be competitive in one. The irony is that the harder they try and achieve this the

further away they get. (Last result 2-0 loss to Canada, a first in 34 years.)

USSF: To get a better player we must start them earlier = encourage "academy" clubs to recruit and younger and younger ages. They must learn to play out of the back so mandate that ALL players need to use a build-out line. Make sure that a player needs to be on this competitive "pathway" or they are missing the bus.

Result: Recreational leagues lose out to the competitive clubs as parents buy the message that playing soccer just for the fun of it, is somehow demeaning. Along with this is the collapse of the volunteer base which has been central to the success of the sport in the US. The grass roots of the sport having been the source of new volunteers, referees and coaches.

The introduction of different size fields, build-out lines, and rules etc. makes the logistics of setting up fields needlessly complicated;

Confuses parents, spectators (and refs) as to what is offside, which rules apply to which age group....

And it also ensures that no matter what, everyone will get mad at the ref.

Once the gauntlet of the short-sided games is over with; (by now $60 \%$ of parents have said enough already and taken their child out of soccer.) USYSA, US Club Soccer and USSF now begin permitting rosters of 22-26 players on a team. Players who were getting a lot of playing time are now lucky to see the field $25 \%$ of the time.

Result: More disillusioned players leaving the game, especially since the cost has grown exponentially thanks to the ability of the clubs with the designated elite status being able to command higher fees.

As a part of these leagues, following the example set by the US Development Academy, the impetus has

# GOOD LUCK 

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## BARCELONA CALIFORNIA

Barcelona California SC Boys 2005 has its roots in the city of San Fernando Valley where $90 \%$ of the players live at the moment. The team has players that started playing at the Bronze level since 2014, we became part of the club at that time. We have players that played since they were 9 years old and still play-

able to understand that after a game we are all human beings and could be friends.

We also encourage our players to not miss practice due to at this age they need a lot of physical activities to help develop their body, mind and grow healthier, we also provide nutrition information for them to stay healthy.

Another very important thing that we focus is to create the best soccer player that they can be, physically and Mentally, after all we are here for the love of the game, we also focus on their education and promote school as a Number One priority; our training focus on the developmental grow of soccer and to future develop a player to maybe play at a high soccer level, or hopefully they can get an scholarship to continue their education without having to pay a Penny, that is one of our goals as well.
We hope to stay together in the future to continuing being a very strong team as we are now and enjoy many championships as we have enjoyed together.
"Go Barca!" •


## C2003

## SMU BLUE

SMU G03 Blue has multi-talented athletes, musicians, artists, community volunteers, scholars, track athletes and swimmers. They are looking forward to success in their third season competing in Premier League.

This season the team will be coached by the highly successful Fabian Amezaga. Coach Fabian has high aspirations for this team and is committed to guiding them to achieve their goal of playing at their highest level. Currently ranked in the top twenty

five in Southern California, this past season this team were November Nights Champions, Semi-Finalists in Jefferson Cup (the prestigious College Showcase in Virginia) qualified for Surf Cup and is now competing in the California Regional League. The goals of this team are to finish the year at the top of the table in Premier and enter the most competitive showcase tournaments to continue the path of playing in college. •


## 32004

## UIFC PANTHERS

t has been a long and winding road for the UIFC Panther team, starting from a Boys under 9 Bronze team back in 2012 to a Boys under 15 Premier team in 2018. Though hard work and dedication this team has gone from the lowest level of play in CSL to the highest level of play one can achieve in CSL; CSL Premier League.

UIFC panthers was established in Paramount, Ca. It is a Youth Soccer team committed in developing youth


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soccer players that focus on technical, tactical, physical and psychological development of each player to reaching his/her highest own potential.

Our goal for this season is to look forward to competing with the best teams in Southern and Northern California, as we keep working with the group. The goal for many of our players is to continue playing in their High School teams and hopefully be able to play College Soccer. $\bullet$




## VENTURA COUNTY FUSION USL2

The Team is made up of excellent players who are all goal driven to reach their best. The only way to be your best is to try to be THE best. Having played Premier as DMS" Academy Club, the Team was invited to join Ventura County Fusion and open the doors to join the USL2 Professional Team setup.

With College and Professional Soccer as the player dreams, joining this setup, which has placed over 150 players into the professional ranks, is a great step into their future. Competition for places is always tight as more Youth Players reach out to tryout for this team. The 2003 squad has so much to accomplish and only the right players are accepted into the team. This Season we will be competing in the USL2 Regional Cham-


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pionship in San Antonio, Texas, and have qualified for the USL2 National Championship in 2020 in Florida. A fantastic opportunity to be seen by Na tional Team, Professional and College Coaches.

We give respect to every team we play, knowing less than our best will never be enough to compete with the great teams we facer in CSL. Having grown this team from Coast Bronze all the way to the Premier League, we thank all players who have contributed to this journey. We would not be here without your talents along the way. Ladies and Gentlemen, we present the 2003 USL2 Academy Team, containing the players who have risen from the ordinary and working to become not only extraordinary, but all they are talented to become. •


## YASC SPARTANS FC

The Yucaipa Athletic Soccer Club (YASC) Spartans FC G02 is proud to be participating in our third year of Coast Soccer League's Premier division. YASC-Spartans FC G02 is based in Yucaipa, at the foothills of the San Bernardino Mountains.

Liam Muirhead has been training our team since we started in the Bronze U-10 division. The hard training and guidance from Liam, has helped the team excel to the Premier level of play. We are proud to be part of the Spartans family. The team provides a place for everyone to play soccer and grow in strength and character. The players on this team are committed to

academic success by taking honors and AP courses and volunteering in community and church functions. They are training hard to improve their technical and tactical skills on the field so they can be ready for High school and future collegiate level of play.

Spartans FC G02 truly values the idea of developing players and stresses the importance of individual improvement and accountability in every practice and game. Our goal this year is to continue to develop as a team, raise our standards once again, and be competitive at the Premier Level.

GOOOO Spartans FC G02! •


## PLAYER DEVELOPMENT IS KILLING SOCCER

continued from page 1

been to play in far wider circles of Regional and Na tional play - it is no longer socially acceptable to simply play teams from the neighboring towns. Status is accomplished by how much travel the team does; adding again to the cost.

The coup de grace applied by US Soccer has been to denigrate High School soccer. The Academy insists players do not play for their high school teams; making sure that one of the fun aspects of high school age play is removed.

The critical elements of sustaining and growing the game will be to make it fun and enjoyable to all; to stress the positive value of team sports on a player's character development, regardless of playing ability.

It has been reported by Malcolm Gladwell and others that the way to master a skill is to put in 10,000 hours. For that to occur there needs to be a love of the game that inspires plenty of unstructured play and an emphasis on a simple enjoyment of the game.

USSF's answer to this is to insist on teams practicing 4 days a week instead of the usual 2 or 3 ; a sure-fire recipe for player and parent burn-out and falling out of love with the game.

By setting an agenda designed to serve only the elite levels of the game the USSF is killing the growth of grass-roots soccer, ultimately narrowing their pipeline of talent and driving away millions of families whose children could grow so much from just participating.

We can never know which players may have blossomed to become our top US soccer stars as they chose to leave the sport because it wasn't fun anymore. What we do know is that since the introduction of the USDA, player performance at the National level in the US has sunk to new lows and millions of families have missed out on the role the game can play on the development of character, values and life skills that would serve their children throughout their life.

In Coast Soccer League, with its formula of promotion and relegation: The best performing teams get promoted and the lowest performing teams get relegated; so teams find their correct level over time through performance on the field.

This puts a competitive fire into each game making it more meaningful for all the participants and ensures that each team performs at a level that is most enjoyable for them.

Coast Soccer League has been the number one competitive youth soccer league in Southern California for
more than 45 years; our league serves almost 40,000 families every year and our structure allows every team to forge a path to reach its full potential. But we understand that the value of participating in sports is much greater than the score of any game.

The CSL Premier League encourages athletes to perform at the highest level which is why at Coast Soccer League we focus on creating a family soccer experience, one that keeps players engaged and offers them growth in areas such as self-esteem, team building and communication.

There can be no greater ambition for a parent than to see their child achieve a fulfilling and successful life. The path will be laid by the values and character that are developed during a child's early years at home, in school and through an involvement in extracurricular activities.

At Coast Soccer League we understand this, and we take this responsibility seriously. We recognize the greater value of participating in sports; its influence on the development of good character, the development of social skills, communication skills, self-esteem, team building and leadership. The influence sports have on higher graduation rates, how it improves risk aversion in areas such as smoking, drinking, drugs, gangs and teenage pregnancies, and teaching that failure presents an opportunity for growth.

These areas of sustainable value play a role in the creation of a fulfilling and successful life and are desirable to each family.

While CSL believes performance and the quest to get better has a role to play in the enjoyment of the game, it is not THE reason families should participate in soccer, nor is it the greatest value a family can get from participating in the sport. That is the role that participation in sports can play in the development of character, values and life skills that will be valuable to a player throughout their lives.

Elite performance models purportedly designed to serve the needs of less than $2 \%$ of all youth athletes, besides actually driving out much of the $98 \%$ as they are being applied across all levels; are also hastening the drop-out of many of those same top $2 \%$.

The USSF needs to revisit its primary role - the health and well-being of the game in the US - in doing so they will have to establish a strategy designed to serve $100 \%$ of the families and organizations involved in the game - not just the elite 2\%. •

# SOCCER SAFE ${ }^{\text {® }}$-THE FOUNDATION OF A BETTER EXPERIENCE 

Coast Soccer League \& XARA Partner to Provide a Safe Soccer Environment for Everyone!

The creation of a safe soccer environment is something that every soccer organization should be committed to. This is especially true at the youth level as no parent should sign their child up to participate in an activity that is not held in a safe environment. Safety is in fact the \#1 expectation of every parent that commits their child to play the game.


Soccer Safe is the registered trademark that Xara has created for its program that allows organizations to demonstrate behaviors that show their commitment to the creation of a safe soccer environment. CSL has chosen this program to provide each and every member of CSL a better and safer soccer experience.

A fun, safe soccer season is not only a basic expectation of every family that commits their child to play the game; it is essential if an organization is to thrive and achieve the success that it is striving for. The Soccer Safe program makes it easier for organizations to establish the culture, awareness and communication required to create a safe soccer environment.

All stakeholders play a part in the creation of a safe soccer environment. It is only when parents, players, coaches and administrators are engaged in the effort can the soccer experience be enjoyable for everyone.

The Soccer Safe Program ${ }^{\circledR}$ allows youth soccer organizations to live their commitment to providing a safe, fun soccer experience. A safe environment is not only a basic expectation of every parent that signs their child up to play, without it no organization can ever hope to distinguish itself or achieve the success it is striving for.

In this issue of the CSL Premier Magazine, CSL will set forth some of the XARA Soccer Safe initiatives CSL has elected to adopt to improve not only the safety of the players but their physical health as well.

In order to do this, CSL has asked three highly respected doctors to participate in providing informative articles designed to make players, coaches and parents aware of potential physical and health issues that may arise at any time, whether it be before, during or even after the game is over.

## BY DEV K. MISHRA, M.D.

## THE FALL SEASON'S UNDERWAY. IS YOUR FIRST-AID KIT IN ORDER?

With the fall season underway, you've made sure your team's first-aid kit is in order, right?
Every youth coach should have a very basic sideline first-aid kit. You should have this at each training session and game. Remember that this is not meant to be used for comprehensive treatment, but only for immediate sideline first aid. The supplies below should get you through almost any minor to moderate situation and are easily obtained from your local drug store.

One of the most essential items is your cellular

phone. If you have any doubts about the severity of the medical situation, use your phone to call the local emergency medical personnel for help. If you are with a travel team or often play outside of your local region, it is advisable to enter the emergency phone number of the away location into your cell phone in advance. Local emergency numbers are best since calling 911 may result in a delay.

## The absolute bare minimum supplies:

- Instant cold packs (have several of these!).
- Adhesive bandages of assorted shapes and sizes.
- Blister care.
- ACE bandages (3-inch and 4-inch sizes).
- Disposable non-latex gloves (use when you are looking at a cut or abrasion).
- Alcohol-based gel hand sanitizer (for your own hands).
- Antibiotic ointment (individual packets or a tube of Bacitracin works well).
- Sterile gauze bandages.
- Sterile gauze roll.
- Sterile saline bottle (to gently wash dirt or grass from a cut).
- Saline rinse bottle and Hibiclens bottle (very effective and not painful to clean an abrasion or cut).
- Athletic tape (1-inch and 2-inch sizes).
- Paramedic scissors.
- Hydrogen peroxide -- to get blood off a uniform.
- Plastic bags to dispose of used gauze, etc.


## Here are a few extras that are nice to have:

- Foam underwrap.
- Finger splints (popsicle sticks work well).
- CPR instructions and plastic ventilation mask.
- Watertight bags to keep items dry.


## Packing it up:

- Keep your supplies in a brightly colored bag (red is a popular color for this) so that you can find it quickly.
(Dr. Dev K. Mishra is the creator of the SidelineSportsDoc.cominjury management program for coaches. He is a Clinical Assistant Professor of orthopedic surgery at Stanford University. Mishra writes about injury management at SidelineSportsDoc.com Blog.)

In January of 2015, CSL and XARA elected to be ahead of the curve and ordered 2500 quality First Aid Kits to distribute to every CSL Team. CSL and XARA wanted to ensure there was a First Aid Kit at every CSL game. By giving each CSL team a Kit, there should now be 2 First Aid Kits at every game. All Kits were distributed to CSL teams in August of this year. The Kit is just the beginning of ensuring a SAFE Soccer Experience for every player, administrator or spectator within CSL.

Below is a list of the contents contained in the CSL First Aid Kit. When one compares the items recommended by Dr. Mishra with the items contained in the CSL First Aid Kit, it is clear that every CSL coach and administrator has a jump start in assisting players who need medical attention on the sidelines. •

## CSL's and XARA FIRST AID KITS CONTENTS

| Name of item | Specification | Unit | Qty |
| :--- | :--- | :--- | :--- |
| Triangular bandage | $38^{\prime \prime} \times 38^{\prime \prime}$ | piece | 4 |
| Sterilized gauge swab | $4^{\prime \prime} \times 4^{\prime \prime} 8$ ply | 2 pcs/pack | 3 |
| Sterilized gauge swab | $3^{\prime \prime} \times 3^{\prime \prime} 8$ ply | 2 pcs/pack | 4 |
| Sterilized gauge swab | $2^{\prime \prime} \times 2^{\prime \prime} 8$ ply | 2 pcs/pack | 5 |
| Adhesive wound dressing | $2.5^{\prime \prime} \times 2.5^{\prime \prime}$ | piece | 3 |
| Adhesive wound dressing | $4^{\prime \prime} \times 4^{\prime \prime}$ | piece | 2 |
| Non adherant dressing pad | $3^{\prime \prime} \times 2^{\prime \prime}$ | piece | 3 |
| Adhersive band aid | $3 / 4^{\prime \prime} \times 3^{\prime \prime}$ | piece | 30 |
| Butterfly closure strips | $1 / 4^{\prime \prime} \times 2^{\prime \prime}$ | piece | 5 |
| Elbow \& Knee plastic bandages |  | piece | 4 |
| Knuckle fabric bandage |  | piece | 4 |
| Fingertip fabric bandage |  | piece | 2 |
| Sterile eye pad |  | piece | 2 |
| eye wash | bottle | 2 |  |
| disposable vinyl gloves | large | pack | 4 |
| Tourniquet |  | piece | 1 |
| Bandage scissors |  | piece | 1 |
| Conforming bandages |  | roll | 3 |
| High elastic bandage |  | roll | 1 |


| Name of item | Specification | Unit | Qty |
| :---: | :---: | :---: | :---: |
| adhesive bandage |  | roll | 1 |
| cotton wool |  | pack | 1 |
| CPR face shield |  | piece | 1 |
| Crepe bandage |  | piece | 2 |
| First aid dressing bandage |  | roll | 4 |
| Safety pins |  | piece | 5 |
| Cotton tipped applicator |  | piece | 3 |
| Antiseptic wipes |  | piece | 10 |
| Alcohol prep pad |  | piece | 8 |
| Sting relief pad |  | piece | 4 |
| ABD pad |  | piece | 2 |
| Splint (aluminum) |  | roll | 1 |
| Instant cold pad |  | pack | 2 |
| Plastic tweezer |  | piece | 1 |
| Emergency blanket | gold/silver | piece | 1 |
| Silk Tape roll |  | roll | 1 |
| First aid guide |  | piece | 1 |
| FIRST AID KIT HOLD-ALL | $13^{\prime \prime} \times 9^{\prime \prime} \times 8^{\prime \prime}$ | piece | 1 |

BY DEV MISHRA, MD AND BERT R. MANDELBAUM, MD

# SAFE STEPS IN THE RETURN TO PLAY DECISION 

0ne of the toughest decisions in youth sports is determining when a player who has suffered an injury is ready to return to action. It's very easy to get caught up in the moment of competition and perhaps put an injured player back in the game before he or she is really ready. The emphasis on the sideline should always be directed towards athlete or child safety.

Returning to play prematurely can lead to a more serious injury. In our clinical practices over the last $25+$ years we see one or two kids each week with a significant injury that started out as some kind of minor injury. For whatever reason they kept playing and that minor injury turned into something more significant.

Sometimes it was because they were put back in the game too soon. Sometimes it was because they failed to report it to the coach. Sometimes they played for weeks with a chronic, nagging pain.

If you think a kid's not really ready, it's better to sit them - maybe lose them for a few days - rather than to let them get back in before they're ready and lose them for weeks or months. An injured player is likely not an effective player, plus there is risk of making a minor injury a major one.

Ideally the real decision on return to play is not in the hands of the coach, it is in the hands of a trainer or physician - someone who's really trained and qualified to make that decision. This would certainly be the case when returning from a serious injury such as a fracture, concussion, or injury that required surgery.

But there are many settings where someone who is professionally qualified isn't there to make a remove-from-play or return-to-play decision. This is common in competition on the field of play. In that case it's really going to come down to the coach to make a reasonable decision.

## When Players Insist They Are Ready To Play

Players want to play and this means that they will often insist they are ready to play when perhaps they are not. This is where the decision becomes really tough. You really need to be their advocate -- to be their voice.


As the kids get older they're going to have better reasoning abilities. They're also going to have other motivations to stay in the game and perhaps not tell you everything.

With kids, you'll often have to make the tough decision for their own good. What if you're at an away tournament? What if it's your star player? What if you have to play a mandown? You still want to err on the side of safety. Here are two simple observational tactics to help you determine safe return to play for ingame situations:

## Pregame: watch closely when they don't think you're watching

You might have a situation where a player was injured during practice midweek and you'll have an opportunity to observe them in pregame warmup on the weekend. If you can see them limp, favor one side, or appear in pain with warmup movements those are red flags indicating an injury that may not be healed well enough to allow safe return to play. Your best course of action would be to hold the player from play.

## In-game: do a functional test

In most soccer injury situations you'll be dealing with injuries to the lower extremities - hip, knee, ankle, foot.

You'll need to confirm that the player is really pain free. If you can be reasonably confident they are really pain free and have no visible swelling then you'll need to put them through a functional test. On the sideline ask the player to jog, cut, sprint and jump and observe closely. If they player can do that comfortably and with no visible problems that is a very good indicator of return to play. That's basically saying if a kid gets back to "normal" - they can play.

In a game situation there are of course many grey areas, decisions are rarely black and white. If you follow the advice above for the functional test you'll generally be safe, but if you have any doubts don't take a chance and risk turning the mild injury into something serious. Hold them out and advise them to consult a medical professional. •

## Premier Standings <br> STANDINGS AS OF SEPTEMBER 30, 2019

| B200 | 00 TEAM | w | L | T | PTS | GF | GA | AC |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 F | FC GOLDEN STATE 2001 | 9 | 0 | 0 | 27 | 35 | 6 | 15 |
| 2 S | SANTA BARBARA SC ELITE | 6 | 2 | 1 | 19 | 30 | 16 | 13 |
| 3 IN | INLAND UNITED SC ROJAS 01 | 4 | 4 | 1 | 13 | 8 | 17 | 12 |
| 30 | OXNARD UNITED SC | 4 | 4 | 1 | 13 | 17 | 22 | 19 |
| 5 L | LA UNITED FA ACADEMY 01 | 3 | 4 | 1 | 10 | 23 | 18 | 6 |
| 6 S | SIMI VALLEY ECLIPSE BLUE | 1 | 7 | 0 | 3 | 13 | 28 | 10 |
| B2002 team |  | W | L | T | PTS | GF | GA | AC |
| 1 A | APPLE VALLEY STORMACADEMY | 6 | 2 | 2 | 20 | 20 | 7 | 14 |
| 1 B | BOCA OC B02 WHITE | 6 | 1 | 3 | 20 | 12 | 8 | 21 |
| 1 B | BOCA JRS LA B02 PREMIER | 6 | 1 | 3 | 20 | 12 | 5 | 27 |
| 4 R | RIVERSIDE CITY FC ACADEMY | 6 | 2 | 2 | 19 | 20 | 10 | 22 |
| 5 | OXNARD UNITED SC | 6 | 3 | 1 | 18 | 19 | 13 | 24 |
| 6 H | HG EAGLES | 5 | 3 | 2 | 17 | 20 | 17 | 15 |
| 6 | GPS DESERT CITIES B2002 | 5 | 2 | 3 | 17 | 17 | 15 | 25 |
| 8 S | SANTA BARBARA SC ELITE | 5 | 3 | 1 | 16 | 15 | 9 | 12 |
| 9 A | ANTELOPE VALLEY BARCELONA | 5 | 4 | 1 | 15 | 20 | 11 | 20 |
| 10 S | SAN DIEGO UNITED B02BLACK | 3 | 4 | 3 | 11 | 14 | 17 | 24 |
| 11 V | VALLEY UNITED LEVI | 2 | 5 | 2 | 7 | 9 | 16 | 26 |
| 12 S | SANTA MONICA UTD B02 BLUE | , | 8 | 1 | 4 | 5 | 29 | 11 |
| 13 | CULVER CITY FC B02 CCMA | 1 | 9 | 0 | 3 | 5 | 16 | 14 |


| B2003 TEAM | W | L | T | PTS | GF | GA | AC |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 OXNARD UNITED SC | 6 | 0 | 2 | 20 | 26 | 10 | 15 |
| 2 SANTA MONICA UTD B03 BLUE | 6 | 1 | 1 | 19 | 25 | 10 | 15 |
| 3 VC FUSION USL 2 ACADEMY | 6 | 1 | 0 | 18 | 14 | 12 | 14 |
| 4 CELTIC ACADEMY 1888 | 5 | 1 | 2 | 16 | 33 | 19 | 29 |
| 5 FULLERTON RANGERS B03 WHITE | 4 | 3 | 1 | 13 | 15 | 14 | 15 |
| 6 TOTAL FUTBOL ACADEMY | 4 | 3 | 1 | 12 | 17 | 13 | 20 |
| 7 BREAKERS B03 BLACK | 3 | 4 | 1 | 10 | 11 | 15 | 7 |
| 8 SANTA BARBARA SC ELITE | 3 | 5 | 0 | 9 | 12 | 11 | 12 |
| 9 FC GOLDEN STATE 2003 | 2 | 5 | 0 | 6 | 11 | 18 | 19 |
| 10 COLTON AMERICA ACADEMY | 1 | 4 | 3 | 5 | 12 | 18 | 21 |
| 11 CYSA PREMIER B03 | 1 | 6 | 1 | 4 | 13 | 26 | 19 |
| 12 AC BREA B03 RED | 0 | 8 | 0 | 0 | 7 | 30 | 15 |
| B2004 TEAM | w | L | T | PTS | GF | GA | AC |
| 1 CC AZTECS B04 | 7 | 1 | 1 | 22 | 19 | 4 | 12 |
| 2 GLENDALE FC / CAL FC | 6 | 1 | 2 | 20 | 18 | 10 | 8 |
| 3 FC DEPORTIVO WARRIORS | 6 | 2 | 1 | 19 | 23 | 12 | 13 |
| 3 DOWNTOWN LA B04 SO BAY | 6 | 1 | 2 | 19 | 25 | 12 | 22 |
| 5 APPLE VALLEY STORMACADEMY | 5 | 2 | 2 | 17 | 25 | 8 | 9 |
| 6 CENTRAL COAST CONDORS FC | 4 | 4 | 1 | 13 | 20 | 14 | 8 |
| 6 CELTIC ACADEMY HARPS | 4 | 4 | 1 | 13 | 21 | 20 | 15 |
| 8 UIFC PANTHERS | 4 | 4 | 1 | 12 | 16 | 22 | 21 |
| 9 BOCA OC B04 WHITE | 2 | 5 | 2 | 8 | 17 | 23 | 17 |
| 10 SANTA BARBARA SC ELITE | 1 | 7 | 1 | 4 | 8 | 24 | 14 |
| 11 FC GOLDEN STATE 2004 | 1 | 8 | 0 | 3 | 10 | 38 | 9 |
| 12 LA UNITED FUTBOL ACADEMY | 0 | 7 | 2 | 2 | 7 | 22 | 10 |


| B2005 | TEAM | W | L | T | PTS | GF | GA | AC |
| :--- | :--- | :--- | :--- | :--- | :--- | ---: | ---: | ---: |
| 1 | OLYMPIACOS ACADEMY | 6 | 0 | 3 | 21 | 25 | 9 | 12 |
| 1 | DOWNTOWN LA- SC B05 | 7 | 1 | 1 | 21 | 14 | 6 | 24 |
| 3 | CELTIC ACADEMY HARPS | 6 | 1 | 2 | 20 | 29 | 15 | 15 |
| 4 | BF310 B2005 ACADEMY | 5 | 3 | 1 | 16 | 17 | 9 | 11 |
| 5 | BARCELONA CALIF B2005 | 4 | 2 | 3 | 15 | 16 | 10 | 14 |
| 6 | BYSC BO5 SYL | 3 | 3 | 3 | 12 | 11 | 15 | 13 |
| 7 | OXNARD UNITED SC | 3 | 4 | 2 | 11 | 10 | 13 | 12 |
| 7 | LA SURF LC B05 | 3 | 4 | 2 | 11 | 13 | 15 | 15 |
| 9 | CELTIC ACADEMY 1888 | 1 | 4 | 4 | 7 | 6 | 13 | 8 |
| 10 | PUMAS USA GOLD | 1 | 5 | 3 | 6 | 8 | 12 | 9 |
| 11 | RIALTO FIRE ACADEMY | 1 | 5 | 3 | 5 | 17 | 28 | 20 |
| 12 | PACIFIC COAST SC B05 BLUE | 0 | 8 | 1 | 1 | 5 | 26 | 10 |


| G2001 | 01 TEAM | W | L | T | PTS | GF | GA | AC |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 S | SANTA MONICA UTD G01 BLUE | 5 | 0 | 2 | 17 | 18 | 3 | 2 |
| 2 F | FC GOLDEN STATE G01 SGV | 4 | 1 | 1 | 13 | 13 | 7 | 4 |
| 2 R | REVOLUTION G2001/02 ELITE | 4 | 1 | 1 | 13 | 7 | 3 | 4 |
| 4 S | SANTA BARBARA SC ELITE | 3 | 3 | 0 | 9 | 12 | 8 | 2 |
| 5 | CC AZTECS/AV G01 | 2 | 2 | 2 | 8 | 11 | 10 | 3 |
| 6 | CENTRAL COAST UTD GREEN | 2 | 3 | 1 | 7 | 7 | 11 | 0 |
| 7 U | UNITED OC | 2 | 5 | 0 | 6 | 4 | 13 | 2 |
| 8 N | MILAN ACADEMY G01 PREMIER | 1 | 4 | 1 | 4 | 5 | 13 | 1 |
| 9 F | FC VALENCIA G01 SWAP SGV | 1 | 5 | 0 | 3 | 3 | 12 | 4 |
| G2002 TEAM |  | w | L | T | PTS | GF | GA | AC |
| 1 A | APPLE VALLEY STORMACADEMY | 7 | 0 | 0 | 21 | 16 | 5 | 5 |
| 2 B | BYSC G02 SYL | 6 | 1 | 0 | 18 | 27 | 8 | 8 |
| 3 F | FULLERTON RANGERS G02 WHITE | 6 | 2 | 0 | 18 | 30 | 7 | 5 |
| 4 L | LEGENDS IE G02 PREMIER TS | 5 | 2 | 0 | 15 | 9 | 11 | 9 |
| 5 C | CALIFORNIA ELITE SC G02 | 4 | 2 | 2 | 14 | 17 | 12 | 8 |
| 6 U | UNITED CI | 3 | 3 | 1 | 10 | 7 | 6 | 0 |
| 7 H | HOTSPURS USA G2002 PREMIER | 1 | 4 | 2 | 5 | 6 | 17 | 3 |
| 8 Y | YASC SPARTANS FC G02 | 1 | 5 | 2 | 5 | 9 | 18 | 3 |
| 9 E | EAGLES WHITE | 1 | 5 | 1 | 4 | 7 | 18 | 0 |
| 9 B | BREAKERS G02 BLACK | 1 | 5 | 1 | 4 | 4 | 17 | 7 |
| 11 F | FUTBOL FOUNDATION G02 KG | 0 | 6 | 1 | 1 | 4 | 17 | 3 |
| G2003 TEAM |  | W | L | T | PTS | GF | GA | AC |
| 1 S | SD STRIKERS G03 PREMIER | 5 | 0 | 3 | 18 | 16 | 4 | 6 |
| 2 A | AC BREA G03 PDA | 4 | 2 | 3 | 15 | 18 | 12 | 7 |
| 2 | CELTIC 1888 | 4 | 2 | 3 | 15 | 18 | 13 | 9 |
| 4 D | DOWNTOWN LA-SC G03 | 3 | 3 | 3 | 12 | 13 | 14 | 7 |
| 5 S | SANTA MONICA UTD G03 BLUE | 3 | 3 | 2 | 11 | 12 | 12 | 1 |
| 6 T | TOTAL FUTBOL ACADEMY SD | 2 | 5 | 2 | 8 | 14 | 22 | 6 |
| 7 B | BYSC G03 SYL | 0 | 6 | 2 | 2 | 2 | 16 | 2 |
| G2004 TEAM |  | W | L | T | PTS | GF | GA | AC |
| 1 S | SANTA MONICA UTD G 04 BLUE | 5 | 0 | 2 | 17 | 20 | 10 | 3 |
| 2 S | SD STRIKERS G04 PREMIER | 4 | 0 | 3 | 15 | 11 | 3 | 0 |
| 2 R | REVOLUTION G2004 ELITE | 5 | 2 | 0 | 15 | 13 | 5 | 0 |
| 4 S | SOUTH VALLEY G04 CARTER | 4 | 1 | 2 | 14 | 11 | 9 | 6 |
| 5 F | FUTBOL FOUNDATION G04 RC | 2 | 2 | 2 | 8 | 5 | 5 | 3 |
| 6 K | KICKERS SC | 2 | 4 | 1 | 7 | 4 | 7 | 1 |
| 7 | CC AZTECS/AV G04 | 1 | 2 | 3 | 6 | 7 | 10 | 4 |
| 8 B | BYSC G04 SYL | 2 | 5 | 0 | 6 | 7 | 13 | 5 |
| 9 S | SD REAL MADRID GONZALEZ | 1 | 5 | 1 | 4 | 6 | 12 | 2 |
| 10 U | UNITED LA (CHARLES) | 1 | 6 | 0 | 3 | 9 | 19 | 5 |


| G2005 | TEAM | W | L | T | PTS | GF | GA | AC |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 1 | APPLE VALLEY STORMACADEMY | 5 | 1 | 1 | 16 | 12 | 5 | 4 |
| 2 | SOUTH VALLEY G05 GORE | 3 | 1 | 3 | 12 | 8 | 7 | 3 |
| 3 | SIMI VALLEY ECLIPSE | 3 | 3 | 1 | 10 | 18 | 8 | 1 |
| 3 | TUDELA FC LA G2005 WHITE | 2 | 1 | 4 | 10 | 14 | 7 | 1 |
| 5 | SD REAL MADRID G05 BLANCO | 2 | 3 | 2 | 8 | 7 | 12 | 15 |
| 6 | CENTRAL COAST UTD GREEN | 0 | 6 | 1 | 1 | 3 | 23 | 1 |

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